

Steps for Sustainability - 2023-24

1 Promote a minimum of 30 minutes physical activity per child per day;

- KS2 daily mile
- KS1 regular physical lesson starters
- EYFS daily big walk

Increase participation in competitive sport;

- Intra school competition in KS2
- Half termly events in Year 4
- Summer events in Year 3

3 Build sustainability for clubs offer;

- Introduce charges for clubs
- Widen variety of clubs before and after school

4 Build sustainable knowledge of PE pedagogy for all staff;

- Staff CPD for teaching staff new to year groups in autumn and spring terms
- Wider staff CPD on demand in summer term for teaching staff

Raise profile of PE as a driver of whole school improvement; 5

- Assemblies to promote NE Cancer Run and School of Sport
- Staff training sessions through Newcastle PESSS















Details with regard to funding Please complete the table below.

Total amount carried over from 2021/22	£N/A
Total amount allocated for 2021/22	£N/A
How much (if any) do you intend to carry over from this total fund into 2022/23?	£0
Total amount allocated for 2022/23	£18370
Total amount of funding for 2022/23. Ideally should be spent and reported on by 31st July 2023.	£ 0

Swimming Data

Please report on your Swimming Data below.

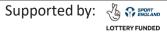
Meeting national curriculum requirements for swimming and water safety. N.B. Complete this section to your best ability. For example you might have practised safe self-rescue techniques on dry land which you can then transfer to the pool when school swimming restarts. Due to exceptional circumstances priority should be given to ensuring that pupils can perform safe self rescue even if they do not fully meet the first two requirements of the NC programme of study	Regent Farm First School has pupils up to year 4. We provide beginner swimming and water safety lessons through our PE curriculum.
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? N.B. Even though your pupils may swim in another year please report on their attainment on leaving primary school at the end of the summer term 2023. Please see note above	%N/A
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]? Please see note above	%N/A
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	%N/A
Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes/ <mark>No</mark>















Action Plan and Budget Tracking

Capture your intended annual spend against the 5 key indicators. Clarify the success criteria and evidence of impact that you intend to measure to evaluate for pupils today and for the future.

Academic Year: 2022/23	Total fund allocated:	Date Updated:		
Key indicator 1: The engagement of a primary school pupils undertake at le			icers guidelines recommend that	Percentage of total allocation: £500 – 3%
Intent	Implementation		Impact	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?:	Sustainability and suggested next steps:
Children to access minimum 2 hours physical activity per week	Clear timetabled PE sessions. Ongoing overview of PE provision to ensure a broad and balanced PE curriculum across all year groups. Share range of online resources for active sessions within classrooms.		All children have full access to timetabled PE sessions with a broad and balanced curriculum	
Active play at breaktimes	Discussion on school council how to support more active play Skipping sessions across KS1 and KS2 to support skipping Playground equipment and skipping ropes to support	See KI 4	breaktimes. Skipping taken up by less active/ less social children at break times – a physical activity that can be	Skipping sessions for KS1 to build and consolidate CPD for playground staff to encourage active games PESSS sessions with children to teach range of active games
Daily active 30 classrooms			pressure of team or competitive	Fortnightly Playground challenges
	Go Noodle and similar online activities Daily walk/ challenge EYFS	INI / A		Expand Daily Mile to KS1 Active assemblies











	Continued daily mile KS2		school day. All children engage in regular active breaks at beginning of lessons and in transitions Children aware of importance of movement in maintaining healthy bodies and minds	
	Wider range of active clubs – karate, archery, multi skills. Opened to all children across school – R – Y4	KI 4	Larger number involved in active clubs Attendance increased with morning clubs full More girls than boys attending clubs Children across school engage in clubs R - 4	Continue and expand opportunities for clubs Look at establishing cricket, rugby, dance and keep fit clubs.
Encourage active travelling to school	Promoting walking to school	PE Leader time	Most children walk to school	Take part Sustrans big pedal Investigate range of initiatives promoting active travel to school Explore potential of a bike bus Involve local councillors regarding pavement parking and lack of safe crossing points and cycle lanes in local area – barrier to active travel
	· · · · · · · · · · · · · · · · · · ·	PE leader time (see above)	Positive feedback from parents and children express joy and satisfaction with engaging with PE, active lessons across the curriculum and wide range of clubs offered.	Use PE as a way to encourage children to be positive about their bodies – supporting wide range of self esteem, mental health and safeguarding learning.













	lifestyle sessions across all school			
Key indicator 2: The profile of PESSPA	A being raised across the school as a to	ool for whole sch	nool improvement	Percentage of total allocation: £3450 19%
Intent	Implementation		Impact	15450 1570
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?:	Sustainability and suggested next steps:
Promoting PE and sport across our school	Trophy cabinet in main school entrance to celebrate past achievements and inspire children attending competitive events. PE celebration in school newsletters	N/A Cover for PE Lead £250	of PE based opportunities Sports days and National Sports	This can be maintained at minimal financial cost More use of our website and social media accounts to promote PE and sporting events Termly PE and sports assemblies KS2 CPD outdoor and adventure activities
Celebration of sporting and physically active achievements	Family Fun Day organised as part of National Sports Week Family Skipping Sessions as part of National Sports Week As we began to gather for whole school assemblies, we shared PE and club achievements Children's Cancer Run entry – running club set up in support	£3000 See KI 4 and KI 5	EYFS classes took part in daily sessions. 90 children, parents and staff attended Children's Cancer Run	Potential for a 'house' style competition for sports days. Invite local community sports clubs to support family sessions in national sports week (cricket, rugby, football, skipping, dance, cheerleading) Set up Y4 inter class competitions throughout the year (Hockey, Basketball, Netball, Football, Cross













Promoting children's enjoyment of and engagement in PE and sport by ensuring KS2 children have access to quality and enjoyable physically active and sporting clubs.	Provision of extra-curricular clubs and promotion through newsletters.		See clubs	Country, Cricket) Link with school council – at least one session per term with focus on PE and active lifestyles
clubs. Promoting PE and sports events through school website, social media accounts and in school display	Provision of extra-curricular clubs and promotion through newsletters. PE and sports events shared across website, twitter, newsletter and PE display Networking with Skip4Fit and Gosforth Rugby Club – highlighting Regent Farm as an active school		All physically active events were celebrated on curriculum newsletter	Engage with parents to explore a wider range of PE and active lifestyle opportunities – wider range of clubs and experiences
school values	New sports wear for children attending sports events – shorts, shirts and socks with RFFS badges	£200		

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				£5000 27%
Intent	Implementation		Impact	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?:	Sustainability and suggested next steps:













SLA for Newcastle PESSS to support – CPD training for staff to upskill knowledge, skills and pedagogy for teaching PE.	Regular meetings with Newcastle PESSS teacher to support PE lead CPD offered to staff as became available	£4500	Staff more confident to teach games and athletics. Full range of curriculum taught across all key stages	Staff CPD in KS2 for those staff who have changed year groups and key stages to ensure good up to date knowledge of PE curriculum PE Lead to share CPD opportunities delivered by Newcastle PESSS and other providers.
PE lead to offer opportunities for				Maintain and build on relationship with Newcastle PESSS to provide targeted interventions to support staff needs as they arise.
children to engage in PE, sports and active lifestyles.			PE lead shared ideas for range of opportunities for physical activities throughout the school day Active sessions throughout the school Children expect regular activity breaks throughout the school sessions.	
Assessment of children and provision of data to teachers to support teaching of PE.	Assessment undertaken in the Autumn term and used by teachers and PE lead to look at targets for future PE teaching.	Cover for PE Lead £500		Continue with assessments and identify and engage less active children
	ratare i E teaching.		Teachers feedback increased confidence in identifying gaps in children's learning and skill.	Continue to engage with GST PE regular meetings
Sharing of PE and School sports information across Gosforth Schools Trust	Joint GST PE Leads meetings PE lead attended all meetings, hosting one and organised inter school cricket tournament, football		Maintaining a close relationship and contact with LSSC means we were able to offer a wide range of clubs before and after school – these are	Continue to work with LSSC to expand range of opportunities for our children. Develop relationship with Gosforth Rugby Club and













	tournament for boys and girls.		well attended, several with waiting lists.	their sister clubs (cricket and American Football) , with Rugby Tots and with others as opportunities arise
PE Lead to meet regularly with head and governor to maintain curriculum support in PE	PE lead met with PE governor and fed into PE report/ update to governing body. PE lead regular meetings with head regarding PE curriculum and wider PE and active offer		Governing body aware of impact of PE	Maintain links and information sharing with senior leaders and governing body
Key indicator 4: Broader experience o	Percentage of total allocation:			
	,			£8050 43%
Intent	Implementation		Impact	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?:	Sustainability and suggested next steps:
Offering novel sports and physical activities to children.	Tennis National Sports Week School NE cancer run Sports Day Skip4Fit Y4	£1000 £1000 £100 £250 £700	Most clubs oversubscribed Demand for clubs and opportunities high and immediate Good balance of boys:girls (45:55)	Maintain clubs Investigate clubs with links to local sports clubs (Cricket, rugby, dance)













	Mixed football Girls' football Karate Archery Cricket Rugby Movement and Dance	£1000 £2500 £500 cover for PE lead	
Resourcing school PE equipment to reflect wide range of sports and games	IDE lead audited equipment to	£1000 (PE resources)	













Key indicator 5: Increased participatio	n in competitive sport			Percentage of total allocation:
				£1500 8%
Intent	Implementation		Impact	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?:	Sustainability and suggested next steps:
Children to embed the core values of teamwork, determination, self-belief, respect, honesty and passion through a competitive, yet supportive, environment.	PE sessions with opportunities for		Emphasis on games in PE Skipping and football competitions through the year. Year 4 mixed football tournament Year 4 football games against teachers	cricket, cross country,
Attend competitive events and sports festivals	Attended; Newcastle Schools FA tournament, Newcastle Schools FA First Schools cup, Lee Sterry mixed football cup, Lee Sterry Girls football cup, Gosforth Gets Going cricket, cross country, Zumba, Girls Football, Basketball, Mixed Football and balance bike events NE children's cancer run	£1500 transport costs	Children from EYFS, KS1 and Year 3 attended events – Zumba,	Attend all events possible Set up Year 4 inter class competitive school events through the year (see above)













Signed off by	
Head Teacher:	Helen Moore
Date:	20/7/23
Subject Leader:	Martin Hudson
Date:	20/7/23
Governor:	Sam McNally
Date:	20/7/23











